BRIGHT BEGINNING FAMILY DAY HOMES

February Newsletter 2026

Upcoming Events

Family Day: Monday, Febuary 16, 2026 closure day

Days of interest this month:

- Valentines Day: Febuary 14
- National Flag Day of Canada: Febuary 15
- **Family Day: Febuary 16 (If you are closed please ensure families are aware)**
- Febuary is Black History Month
- Chinese New Year: Febuary 17- March 3
- Ramadan: Febuary 18- March 19, 2026

TimeSheet Due

Time Sheet are due:

Monday February 16, 2026

You must respond and reply to your estimate email, no matter what, when they are emailed out. Make sure your attendance is entered in Timesaver (drop in children)

Contact Info

Email: info@brightbeginningfda.ca

Phone: 587-982-3896

Standards Reminder

Standard 10c: Illness

If a program educator notices that a child exhibits any of the signs or symptoms listed below, the educator must ensure that:

–the child's parent(s) arranges for the immediate removal of the child from the program premises; and

–the child does not return to the program premises until the educator is satisfied that the child no longer poses a health risk to others in the program (e.g., the parents provide a physician's note, the parents declare that the child has been symptom-free for at least 24 hours).

–Signs or symptoms of illness exhibited by a child include:

a child vomiting, having a fever, diarrhea or a new unexplained rash or cough;

–a child requiring greater care and attention than can be provided without compromising the care of the other children in the program; or;

–a child having or displaying any other illness or symptom the educator knows or believes may indicate that the child poses a health risk to persons on the program premises.

Standard 10D: Medical conditions

Family day home educators:

–must consult with the parent about special handling of children with medical conditions (e.g., allergies, diabetes, asthma, eczema, epilepsy); and

–may require special instruction or training from medical personnel on how to handle certain conditions or medical emergencies (e.g., asthma attack, administering insulin).

Standard 10E: Medication

Family day home educators may administer medications including prescription and non-prescription drugs, emergency medications and herbal remedies, when the:

- program has written consent of the child's parent(s);
- medication is in its original container; and
- medication is administered according to the label directions.

When emergency medications are used to treat allergies, the educator must be able to recognize the allergy symptoms and know how and when to administer the medication. Emergency medications must be available for the child at all times, including on outings.

In all cases where medications are administered, the educator must:

- record the name of the medication, the time and dose administered, and sign or initial that they administered the medication.

All medications must be locked up, excluding emergency medications (such as an EpiPen) that must be stored in an area that is inaccessible to children, unless emergency medication is handled in accordance with a plan that:

- ensures the medication is accessible by the program educator and child (where it is developmentally appropriate and safe for all children being cared for in the program), but is not accessible by other children in the program; and
- has been agreed on by the educator and the child's parent.

Educator Resources

AECEA

https://aecea.ca/

Inspired Minds Training:

https://inspiredmindsecc.ca/workshop-events/

ARCQE Training:

https://arcqe.ca/

Fun Activities Family day

https://www.teachinglittles.com/ 65-family-theme-preschoolactivities-ultimate-lesson-planning-

guide/#:~:text=Family%20Puppets%20%E2%80%93%20Create%20the%20members,them%20to%20understand%20this%20concept.

Valetines Day

https://www.happiestbaby.com/blogs/toddler/valentinesactivities#:~:text=Cupid%20Says%20Valentine's%20Activity,and%20that's%20a%20choking%20hazard.)

Professional Development Training:

Any question for information about Professional Development Grants, all PD funding requests need to be Submitted by Randhir.

The grant funding deadline for this financial year is March 31,2026. Please ensure all receipts and certificates are emailed to Randhir before this date. If you have any questions, please email her at info@brightbeginningfda.ca or call: 587-982-3896

Kids Included (formely known as Grit)

https://www.kidsincluded.ca/p d-online

Educator Highlights

Educator Harpreet joined the agency in December 2025. She has established her day home on the main floor, offering a spacious environment filled with natural light. The setup provides ample room for children to move, explore, and learn comfortably. Her day home is thoughtfully organized with well-defined learning centres, including dramatic play, art and craft, block play, sensory exploration, science discovery, and a cozy reading corner. This carefully planned environment supports children's curiosity, creativity, and overall development through play-based learning.

Harpreet provided snow, colours, and tubes to encourage children to explore and experiment. Children squeezed coloured liquid from small cups and released it onto the snow, observing how the colours spread and mixed. Materials provided included different colours, plastic glasses, squeezing tubes, and snow placed inside a sensory bin. This activity supported sensory exploration, fine motor development, and early scientific thinking through hands-on play.

Harpreet provided cardboard and cotton ear buds for a creative fine-motor activity. She drew snowflake patterns on the cardboard and poked holes along the lines. Children inserted ear buds into the holes to create snowflakes, strengthening their hand-eye coordination, fine motor skills, and creativity while engaging in a winter-themed art experience.