



BRIGHT BEGINNING FAMILY DAY HOMES

January Newsletter 2026

Upcoming Calender Events

December 24-January 1,2026 the office will be closed for the week.

Please call your Consultant with any emergencies, we are available if you have any emergencies.

If you are taking any closures this month please ensure you have discussed and made all your families aware.

Agency Trainings

We are currently working on our 2026 training opportunities.

If there is anything specific you would like to take enhance your skills please let us know.

Email
info@brightbeginningfda.ca
with any ideas.

Time sheets and Optional - Supplemental Fee Forms are dues:

**Wednesday January
21,2026**

You must respond and reply to your estimate email, no matter what, when they are emailed out. Make sure your attendance is entered correctly even for drop in children too.

Wishing everyone a holiday filled with love laughter and cherished memories.



STANDARDS REMINDER

STANDARD 10: HEALTH AND SAFETY

STANDARD 10A: INCIDENTS



- an emergency evacuation;
- unexpected program closure;
- an intruder in the program residence;
- a serious illness or injury to a child that requires the program educator or parent to request emergency health care and / or requires the child to remain in hospital overnight;
- the death of the child ;
- an unexpected absence of a child from the program (i.e.,lost child);
- a child removed from the program by a non-custodial parent/guardian;
- an allegation of physical, sexual, emotional abuse and/or neglect of a child by program educator or another resident of the home;
- the commission by a child of an offence under an Act of Canada or Alberta; and/or
- a child left unattended in the program home outside of the program's operating hours.



If an incident occurs, a program must :

- obtain emergency medical assistance as required;
- immediately notify the parent or emergency contact if parent is unavailable;
- notify the agency immediately and complete an incident report; and participate in inspections conducted by the agency and/or Licensing staff or other law enforcement agencies as required.

Standard 10B: Home and Safety

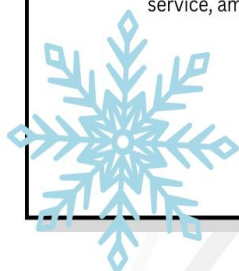
- Programs must have written emergency plans for evacuation procedures and an evacuation route;
- All children who are developmentally able must know the designated meeting place outside the home in the event of fire;
- Fire drills must be practiced monthly and recorded monthly (it is recommended that the drills include the sounding of the smoke alarm so that the children learn to recognize the sound and connect it with the practiced evacuation);
- a working telephone(mobile and/or landline) is required at all times;
- program educators must know the procedure for calling for help;
- all medications and vitamins must be kept under lock and key (excluding the emergency medications, such as EpiPen, which must be stored according to Program Standard 10E);

Family day home standards of manual for Alberta 28

Classification:Public

All chemicals, alcohol, cannabis products, any substance or material related to smoking or vaping, personal care products, and household cleaning products must be stored in an area that is inaccessible to children; and

programs must ensure that the following telephone numbers are readily accessible: emergency medical service, ambulance service, fire department; police service; poison control centre;





Educator Resources

INSPIRED MINDS TRAINING

<https://inspiredmindsecc.ca/workshop-events/>

ARCQE Training
<https://arceq.ca/>

FUN ACTIVITIES:

<https://runwildmychild.com/outdoor-winter-activities-for-kids/>

<https://www.science-sparks.com/snow-volcano/>

<https://kidgoplay.com/winte-indoor-activities-kids/>

<https://taminglittlemonsters.com/winter-arts-and-crafts-for-kids/>

Educator Highlight

Jaspreet Muddahar is a level 2 Educator who joined the agency in November 2025. Jaspreet demonstrates exceptional child guidance skills and a remarkable ability to regulate her own emotions as well as those of the children in her care.

She creates countless opportunities for children to explore and express themselves-whether through outdoor adventures in nature or creative activities like art. Jaspreet fosters an environment that encourages independence, curiosity, and self-discovery.

Over the past 2 months Jaspreet has shown outstanding dedication to enhancing both her learning environment and her professional growth. In a field that is constantly evolving, she continues to embrace new practices with enthusiasm and perseverance. I am incredibly proud of Jaspreet's commitment, passion, and hard work, and I look forward to seeing how her program continues to grow and flourish in the years ahead.

